

Resolution Number 5732

**RESOLUTION OF THE COUNCIL OF THE CITY OF SEBASTOPOL
ENDORISING THE GOALS OF HEALTH ACTION
AND SUPPORTING COMMUNITY WALKING**

WHEREAS, the City of Sebastopol is concerned about the health and well-being of its residents, as demonstrated by our 2008 and 2009 Walks Program, also sponsored by the Chamber of Commerce and Palm Drive Hospital;

WHEREAS, the City of Sebastopol seeks to create a healthy and livable community that is less dependent on cars; and

WHEREAS, Health Action, a council of community leaders whose mission is to improve health and health care in Sonoma County, is a key partner in improving the health of the community; and

WHEREAS, Health Action's *2020 Vision for Sonoma County: Action Plan (2009-2012)* recommends local action to encourage consumption of healthy, locally-grown food, to increase physical activity, and to connect all residents with prevention-focused primary health care; and

WHEREAS, regular walking is a simple and effective way to improve the health of our City's residents of all ages; and

WHEREAS, local governments greatly influence the walkability of communities through key powers over planning, land use, transportation, economic and community development, and other community services; and

NOW, THEREFORE, BE IT RESOLVED that the City of Sebastopol commits to actively support Health Action's *2020 Vision* and Action Agenda, and as a partner pledges to:

- Support the Health Action's countywide **iWALK Sonoma** initiative and local **iWALK** activities within the City, and use city and any other available communications media to promote walking as a vital health-promoting activity.
- Enlist City Council Members and other community leaders to personally become local "Action Heroes" and engage the participation of our community by becoming walk leaders and visible walking champions.
- Support city programming that encourages community walking and physical activity.
- Take steps to improve the walkability of the city by assessing community infrastructure and identifying priority areas where improvements are needed to support safe walking, bicycling and other physical activity and to reduce dependence on cars.
- Support alternative/public transportation policies and programs that encourage walking and bicycling to work and school, such as the Safe Routes to School programs.

AND FURTHER MAY IT BE RESOLVED that the City of Sebastopol actively participate in the official launch of the **iWALK Sonoma** campaign on May 16, 2009, as we work together to make Sonoma County the healthiest county in the State of California.

IN COUNCIL DULY PASSED this 3rd day of March, 2009.

I, the undersigned, hereby certify that the foregoing Resolution was duly adopted by City of Sebastopol City Council following a roll call vote:

City of Sebastopol City Council:

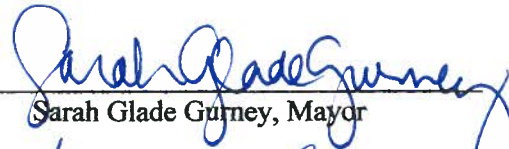
Ayes: Councilmembers Wilson, Shaffer, Vice Mayor Kelley and Mayor Gurney

Noes: None

Abstain: None

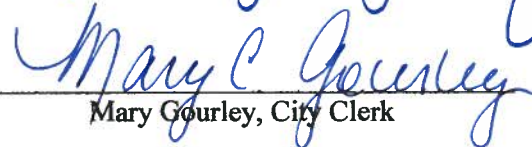
Absent: Councilmember Robinson

APPROVED:



Sarah Glade Gurney, Mayor

ATTEST:



Mary Gourley, City Clerk