

RESOLUTION NO. 5795

RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SEBASTOPOL ENDORSING  
THE GOALS OF HEALTH ACTION AND SUPPORTING iGROW

WHEREAS, the City of Sebastopol is concerned about the health and well-being of its residents and seeks to create a healthy, sustainable, and livable community; and

WHEREAS, Health Action, a council of community leaders whose mission is to improve health and health care in Sonoma County, is a key partner in improving the health of the community; and

WHEREAS, Health Action's *2020 Vision for Sonoma County: Action Plan (2009-2012)* recommends local action to increase consumption of healthy food, increase physical activity, and connect all residents with prevention-focused primary health care; and

WHEREAS, growing and eating fresh, garden produce is a simple and effective way to improve the health of city residents of all ages; and

WHEREAS, local governments greatly influence the opportunities for growing, eating, and sharing healthy food through key powers over land and water use planning and policies, economic and community development, parks and recreation, and other community services; and

NOW, THEREFORE, BE IT RESOLVED that the City of Sebastopol commits to actively support Health Action's *2020 Vision* and action agenda, and as a partner pledges to:

- Support the Health Action's countywide **iGROW Sonoma** initiative and local **iGROW** activities\*\* within the City of Sebastopol, and use city communications media to promote the growing, eating and sharing of healthy food.
- Support city programming (recreation programs, parks, and open spaces) that encourages the growing, eating and sharing of healthy food.
- Take steps to improve the opportunities for food gardening by assessing community infrastructure and looking for ways to facilitate the growing, eating and sharing of healthy food.
- Support the **350 Garden Challenge** during the weekend of May 15-16, 2010, when 350 garden landscapes throughout Sonoma County will be transformed into bountiful gardens that save water and emissions, grow food and habitat, and promote greywater and low impact development.

AND BE IT FURTHER RESOLVED that the City of Sebastopol actively participate in the **iGROW Sonoma** campaign by declaring the weekend of May 15 & 16, 2010 350 Garden Challenge Weekend in the City of Sebastopol, as we work together to make Sonoma County the healthiest county in the State of California.

PASSED, APPROVED AND ADOPTED this day 4<sup>th</sup> day of May, 2010, by the following vote:

AYES: Councilmembers Robinson, Shaffer, Kelley, Vice Mayor Wilson and Mayor Gurney

NOES: None

ABSTAIN: None

ABSENT: None

  
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SARAH GLADE GURNEY, MAYOR

ATTEST:

  
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MARY GOURLEY, CITY CLERK