

CITY OF SEBASTOPOL
RESOLUTION NO. __5817

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SEBASTOPOL ENDORSING
THE LEAGUE OF CALIFORNIA CITIES HEALTHY EATING AND ACTIVE LIVING
CAMPAIGN

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight.

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians;

WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$41 billion;

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese;

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

NOW, THEREFORE, BE IT RESOLVED that the City Council hereby recognized that obesity is a serious public health threat to the health and wellbeing of adults, children and

families in the City of Sebastopol and that the City encourages its residents, businesses and employees to seek to live happy and healthy lives through the goals and values identified in the Healthy Eating Active Living Campaign.

In Council duly passed this 7th day of September, 2010.

APPROVED:


MAYOR SARAH GLADE GURNEY

AYES: Councilmember Shaffer, Vice Mayor Wilson and Mayor Gurney

NOES: None

ABSTAIN: None

ABSENT: Councilmembers Kelley and Robinson

ATTEST:


CITY CLERK MARY GOURLEY